

Stocking up

Stuff their stockings with small wonders. By Sophie Goodwin

Cabbages & Roses pack of six nostalgic black and white notelets are made from 100 per cent natural pulp. £3.75 (020 7352 7333; www.cabbagesandroses.com)

She's inspired by Filippa packaging and hair. Elizabeth Arden's Eight Hour Cream Lip Protectant Stick SPF 15. £16, at Boots.

Good coasters are hard to find so stop off at Playwicks Gifts & Candies for a range of pretty designs. £3.95 (020 7638 2711)

Seed shakers from RK Adkins are available with lavender, zinnia, poppy or sunflower seeds. £6.95 (0845 130 5677; www.rkadkins.co.uk)

Designers Guild candles come in divine scented jars. Box of Visions 3. £26 (020 7833 7400; www.designersguild.com)



For women

She can reuse this beautiful box once the soaps have been removed. Les Cakes de Bertrand. £14, at Preway Interiors (020 7564 6223)

Mix homemade caramel chocolate shortbread from Sweet Things is delicious. Pack of six. £4.87 (020 7772 2167; www.sweetthings.biz)

She can keep a mini bottle of Stain Solution from The Laundry in her bag and take it travelling. £7, at Phoebe Carlye (020 7938 2121; www.phoebecarlye.com)

Charming tea shop Postcard Teas, 9 Dering Street, W1 has every type of tea you can think of. Surprise her with First Flush Goodies from Darjeeling. £5.95 (020 7623 3654; www.postcardteas.com)

She will love Disayas vintage-style pots of eyeshadow. £5.75, and blush. £6.25, at www.boots.com

